

The 2011 Cheese & Wine Run

Riverbank

Saturday, October 8, 2011



EVENT: 8:00 a.m. – 5K walk/run & 10K run
 9:45 a.m. – FREE Kids Fun Run (no registration necessary)
 10:00 a.m. – Awards & Raffles (*must be present to win*)
Raffle Grand Prize is a Mountain Bike
 All raffle proceeds benefit the Triumph Fitness Program, empowering cancer survivors

WHERE: Races start and end at **Galaxy Theatres**
 2525 Patterson Road (a.k.a, Hwy 108)
 Riverbank, CA 95367

COURSES: 5K – Gently rolling residential tree-lined course
 10K – Gently rolling residential tree-lined course with a bonus hill

AWARDS: 5K & 10K – 1st overall male & female
 Medals: Top 3 finishers in each age division:
 (Male & Female) 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

CONTACTS: Vickie Chu-Hermis – ripetzel@aol.com – (209) 985-4431
 Bruce Edwards – bwecoach@gmail.com – (209) 869-1630



2011 Riverbank Cheese & Wine Run Registration

Mail this form to the following address: (Please fill out one form for each runner)
 ShadowChase Running Club • P.O. Box 3605 • Modesto, CA 95352
 (Make checks payable to “ShadowChase Running Club”)

Online Registration also available at www.active.com

*Race Day registration & packet pick-up starts at 6:15 a.m. at Galaxy Theatres, east parking lot

FEES:

- Kids 12 & Under - \$17 (Postmarked by Sept 25th); \$22 (After Sept 25th & Race Day registrants)
 - Adults - \$22 (Postmarked by Sept 25th); \$27 (After Sept 25th & Race Day registrants)
- Custom designed sweatshirts guaranteed to the first 300 registered runners!



Riverbank Rotary Club

EVENT (Circle One): 5K 10K **SEX:** M F **SWEATSHIRT SIZE:** S M L XL

Name: _____ Age on Race Day: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Email Address: _____

Liability Waiver: (The following must be signed to enter the race) By signing this form, I acknowledge that the information I provided is accurate to the best of my knowledge. In consideration of your accepting entry, I, intending to be legally bound, do hereby for myself, my heirs, executors, and administrators waive and release forever any and all rights and claims or damages I may accrue against the Riverbank Cheese and Wine Expo Run/Walk race management, ShadowChase Running Club, City of Riverbank, Riverbank Rotary Club, Galaxy Theatres, the event, their representatives, successors and assigns for any & all injuries suffered by me in connection with this event including pre- and post-race activities. I also grant ShadowChase the right to use any images of me taken at the race.

I have read my rights:: Signed: _____ Date: _____
 (If you are under 18 years old, your parent or legal guardian must sign this form)